

# The Tamattu' Hajj (al-Hajj at-Tamattu')

Upon arrival in Makkah	- 'Umrah (Tawaaf al-Qudoom)
8th Dhul-Hijjah	- Ihraam Stay in Minaa
9th Dhul-Hijjah	- Stand in 'Arafah Stay in Muzdalifah
10th Dhul-Hijjah	- Stoning Sacrifice Shave Head Tawaaf al-Ifaadhah
11th, 12th, 13th Dhul-Hijjah	- Stay in Minaa for Stoning
Upon departure from Makkah	- Tawaaf al-Wadaa'

## 'Umrah (Tawaaf al-Qudoom)

Proceed to appropriate Meeqaat.  
On entering state of Ihraam recite -

لَبَّيْكَ اللَّهُمَّ بِعُمْرَةٍ

**Here I am O Allaah, (in response to Your call) making 'Umrah.**

In fear of not completing the 'Umrah, recite -

اللَّهُمَّ مَحَلِّي حَيْثُ حَسْبَتِي

**O Allaah, [If I am prevented by an obstacle then indeed] my place is where You prevent me.**

Standing, face the Qiblah and recite -

اللَّهُمَّ هَذِهِ عُمْرَةٌ لِي لَا رِيَاءَ فِيهَا وَلَا سُمْعَةَ

**O Allaah, there is no showing off nor seeking repute in this 'Umrah.**

Then loudly recite the talbiyah -

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ

إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمَلِكُ لَا شَرِيكَ لَكَ

**Here I am O Allaah, (in response to Your call), here I am. Here I am, You have no partner, here I am.**

**Indeed all the Praise, Grace & Sovereignty belong to You. You have no partner.**

also from the talbiyah, recite -

لَبَّيْكَ إِلَهَ الْحَقِّ

**Here I am O Lord of Truth.**

Upon entering al-Masjid al-Haram with the right foot, recite -

اللَّهُمَّ صَلِّ عَلَيَّ مُحَمَّدَ وَ سَلِّمْ

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

**O Allaah, send prayers & peace upon Muhammad, O Allaah, open the doors of Your Mercy for me.**

Starting at al-Hajar al-Aswad [1], men only - uncover right shoulder by placing Ihraam underneath right arm-pit.

When beginning each circuit, make a sign with your right hand towards al-Hajar al-Aswad [2], and recite -

اللَّهُ أَكْبَرُ

**Allaah is the Greatest.**

Make seven circuit's of Ka'bah [3] (for first three circuit's only, men only - swiftly walk around the Ka'bah; Then begin fourth circuit, walking at normal pace completely around & finish until seventh circuit). During each circuit, whilst between ar-Rukn al-Yamaanee [4] & al-Hajar al-Aswad, recite -

{ رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَ فِي الْآخِرَةِ

حَسَنَةً وَ قِنَا عَذَابَ النَّارِ }

**Our Lord! Give us in this world that which is good & in the Hereafter that which is good, and save us from the torment of the Fire!**

Cover right shoulder, then go behind Station of Ibraaheem and recite -

{ وَاتَّخِذُوا مِنْ مَقَامِ إِبْرَاهِيمَ مُصَلِّينَ }

**And take the station of Ibraaheem as a place of prayer.**

Behind Station of Ibraaheem - if possible, otherwise anywhere within al-Masjid al-Haram: Pray two rak'ah naafilah; In first rak'ah recite Soorah al-Kaafiroon & in second rak'ah, Soorah al-Ikhlās. Then go to Zam-Zam well & drink from it, then pour some water over head. Return to al-Hajar al-Aswad & make a sign with your right hand towards it for the last time [2], & recite -

اللَّهُ أَكْبَرُ

**Allaah is the Greatest.**

Begin Sa'ee at as-Safaa. At foot of as-Safaa recite -

{ إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ فَمَنْ

حَجَّ الْبَيْتِ أَوْ اعْتَمَرَ فَلَا جُنَاحَ عَلَيْهِ أَنْ يَطَّوَّفَ

بِهِمَا وَمَنْ تَطَّوَّفَ خَيْرًا فَإِنَّ اللَّهَ شَاكِرٌ عَلِيمٌ

نَبِّدْ بِمَا بَدَأَ اللَّهُ بِهِ

2 Verily! as-Safaa & al-Marwah are of the Symbols of Allaah. So it is not a sin on him who performs Hajj or 'Umrah of the House to perform the Tawaaf between them. And whoever does good voluntarily, then verily, Allaah is All-Recogniser, All-Knower. We begin with what Allaah began with.

Each time upon as-Safaa and al-Marwah facing Ka'bah, recite -

اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَ لَهُ الْحَمْدُ

يُحْيِي وَيُمِيتُ وَ هُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ؛

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، أَنْزَلَ وَعَدَّهُ

وَ نَصَرَ عَبْدَهُ وَ هَزَمَ الْأَحْزَابَ وَ حَدَّهُ

**Allaah is the Greatest, Allaah is the Greatest, Allaah is the Greatest. There is none truly worthy of worship except Allaah alone, without partner.**

**To Him belongs all Sovereignty & all Praise. He alone gives life & causes death, He is Omnipotent over all things. There is none truly worthy of worship except Allaah alone, without partner. He has fulfilled His promise, & helped His slave, & He alone has defeated the confederates.**

- three times, making du'aa after first & second recitation only.

Between the walk from as-Safaa to al-Marwah & al-Marwah to as-Safaa, it is permissible to recite -

رَبِّ اغْفِرْ وَارْحَمْ، إِنَّكَ أَنْتَ الْأَعَزُّ الْأَكْرَمُ

**O Lord forgive me & have mercy, verily You are the Mightiest & Noblest.**

Complete walk from as-Safaa to al-Marwah (one circuit), then al-Marwah to as-Safaa (second circuit) & continue for seven circuits, finishing at al-Marwah. Upon encountering green lights, men only - run from one light to other light.

Upon leaving al-Masjid al-Haram with the left foot, recite -

اللَّهُمَّ صَلِّ عَلَيَّ مُحَمَّدَ وَ سَلِّمْ

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

**O Allaah, send prayers & peace upon Muhammad, O Allaah, verily I ask You from Your Favour.**

Finally, men: cut hair equally from all over head - best, or shave head; women: cut one-third finger length of hair.

Remove Ihraam, as all restrictions are now lifted & await morning of 8th of Dhul-Hijjah.

## 8th day of Dhul-Hijjah (Yawm at-Tarwiyah)

Between the time period of after Fajr until before Zhuhr:

### Ihraam

Enter state of Ihraam [5]; Make intention for Hajj, reciting -

لَبَّيْكَ اللَّهُمَّ بِحَجٍّ

**Here I am O Allaah, (in response to Your call) making Hajj.**

In fear of not completing the Hajj, recite -

اللَّهُمَّ مَحَلِّي حَيْثُ حَسْبَتِي

**O Allaah, [If I am prevented by an obstacle then indeed] my place is where You prevent me.**

Standing, face the Qiblah & recite -

اللَّهُمَّ هَذِهِ حَجَّةٌ لِي لَا رِيَاءَ فِيهَا وَلَا سُمْعَةَ

**O Allaah, there is no showing off nor seeking repute in this Hajj.**

Then loudly recite the talbiyah -

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ

إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمَلِكُ لَا شَرِيكَ لَكَ

**Here I am O Allaah, (in response to Your call), here I am. Here I am, You have no partner, here I am.**

**Indeed all the Praise, Grace & Sovereignty belong to You. You have no partner.**

also from the talbiyah, recite -

لَبَّيْكَ إِلَهَ الْحَقِّ

**Here I am O Lord of Truth.**

### Stay in Minaa

Calmly proceed to Minaa - pray Zhuhr, 'Asr, Maghrib & 'Ishaa in shortened form but not combined [6].

## 9th day of Dhul-Hijjah (Yawm 'Arafah)

### Stand in 'Arafah

Pray Fajr, then, after sunrise, calmly proceed to 'Arafah. It is permissible to continue to recite the talbiyah -

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ

إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمَلِكُ لَا شَرِيكَ لَكَ

3 Here I am O Allaah, (in response to Your call), here I am. Here I am, You have no partner, here I am. Indeed all the Praise, Grace & Sovereignty belong to You. You have no partner.

and also proclaim the Greatness of Allaah by reciting -

اللَّهُ أَكْبَرُ

**Allaah is the Greatest.**

Stopover at Namirah [7] & remain there until after Zawaal (sun at highest point - no shadow). Then calmly proceed to 'Uranah [8] & listen to the Khutbah. At the time of Zhuhr, pray Zhuhr & 'Asr (in shortened form & combined), after one Adhaan & two Iqaamah's. Do not pray anything between these two prayers, nor pray anything after 'Asr.

Then calmly proceed to 'Arafah, remaining there until sunset. Stand upon the rocks at the bottom of the Mount of Mercy (Jabal ar-Rahmah); If not, then all of 'Arafah is a standing place. Facing the Qiblah, with raised hands, supplicate & also recite the talbiyah -

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ

إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمَلِكُ لَا شَرِيكَ لَكَ

**Here I am O Allaah, (in response to Your call), here I am. Here I am, You have no partner, here I am.**

**Indeed all the Praise, Grace & Sovereignty belong to You. You have no partner.**

It is encouraged to frequently recite the following -

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ

وَ لَهُ الْحَمْدُ، وَ هُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

**There is none truly worthy of worship except Allaah alone, without partner. To Him belongs all Sovereignty & all Praise, & He is Omnipotent over all things.**

- this is the best supplication to recite on this great day.

After sunset, calmly proceed to Muzdalifah.

### Stay in Muzdalifah

Pray Maghrib & combine it with 'Ishaa in shortened form [6], after one Adhaan & two Iqaamah's. Do not pray anything between these two prayers, nor pray anything after the Witir.

Go to sleep until Fajr.

## 10th day of Dhul-Hijjah (Yawm an-Nahr)

Pray Fajr at its earliest time.

Calmly proceed to al-Mash'ar al-Haram [9], ascend upon it. If not possible, then all of Muzdalifah is a standing place.

Facing Qiblah, praise Allaah by reciting -

الْحَمْدُ لِلَّهِ

**All Praise is for Allaah.**

- and proclaim the Greatness of Allaah by reciting -

اللَّهُ أَكْبَرُ

**Allaah is the Greatest.**

- then proclaim the Oneness of Allaah by reciting -

لَا إِلَهَ إِلَّا اللَّهُ

**There is none truly worthy of worship except Allaah.**

- and finally, supplicate until the visibility of the yellow glow of the sun - before sunrise.

Before sunrise, calmly proceed to Minaa [10], reciting the talbiyah -

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ

إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمَلِكُ لَا شَرِيكَ لَكَ

**Here I am O Allaah, (in response to Your call), here I am. Here I am, You have no partner, here I am.**

**Indeed all the Praise, Grace & Sovereignty belong to You. You have no partner.**

### Stoning

In Minaa, pick stones - seven required [11].

Between the time period of after sunrise until the night, calmly proceed to Jamarah al-'Aqabah al-Kubraa [15] for stoning. Facing Jamarah, with Makkah to your left & Minaa to your right, throw each of the seven stones at Jamarah reciting -

اللَّهُ أَكْبَرُ

**Allaah is the Greatest.**

- after each throw.

After stoning, remove Ihraam, as all restrictions are now lifted except sexual intercourse.

If al-Hadee sacrificial ticket has been purchased, this is a permissible alternative, otherwise, calmly proceed to slaughter house in Minaa for sacrifice [12].

### Sacrifice

Lie animal down on its left side, facing Qiblah. Place your right foot upon its right side. Upon slaughtering, recite -

- [1] If possible, cing to area between the corner of al-Hajar al-Aswad & the door, placing the chest, face & forehead upon this area.
- [2] If possible, touch al-Hajar al-Aswad with the right hand & also kiss al-Hajar al-Aswad, then prostrate on it - this is best; if not, then touch it with the right hand & simply make a sign towards it with the right hand.
- [3] There is no specific du'aa during the walk around the ka'bah, apart from what has been mentioned for between ar-Rukn al-Yamaane to al-Hajar al-Aswad. You can therefore recite the Qur'aan or any du'aa as you please.
- [4] If possible, touch ar-Rukn al-Yamaane each time (but do not kiss it) - this is best; if not, then do not make any sign towards it.
- [5] From wherever you are residing - hotel, house, etc.
- [6] Pray two Fard each for Zuhur, 'Asr & 'Ishaa. Maghrib is not shortened, & remains three Fard. 'Ishaa to be followed by Witr.
- [7] A place close to Arafah - there is now a Masjid there. If this is not possible, it is permissible to proceed to Arafah.
- [8] A place closer to Arafah than Namirah. If this is not possible, it is permissible to proceed to Arafah.
- [9] A mountain in Muzdalifah.
- [10] If you pass through valley of Mhassar, then hurry through it.
- [11] They must not be bigger than a chick-pea (approx. 1cm across).
- [12] Or any other appropriate place.
- [13] The one closest to Masjid al-Khayf.
- [14] The middle one of the three.
- [15] The one nearest to Makkah.
- [16] It is permissible to perform Tawaaf al-Wadaa' on 12th day of Dhul-Hijjah (as long as you leave Minaa before sunset), thus missing the recommended (but not compulsory) third day of stoning.

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“Simple Hajj Guide” concept, translation and production by:  
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 as-Sabt 27th Dhul-Qi'dah 1417AH / Saturday 5th April 1997

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## Guide

# HAJJ

## Simple

(May Allaah the Almighty have mercy upon him)

by Shaykh Muhammad Naasiruddeen al-Albaaneey  
 رحمه الله عليه

Manaa'isik al-Hajj wal-'Umrah

Extracted from the book -

according to the Qur'aan and  
 the Authentic Sunnah

5 Complete walk from al-Safaa to al-Marwah (one circuit), then al-Marwah to as-Safaa (second circuit) & continue for seven circuits, finishing at al-Marwah. Upon encountering green lights, men only - run from one light to other light.

Upon the completion of the Sa'ee, all restrictions are now lifted including sexual intercourse.

Upon leaving al-Masjid al-Haraam with the left foot, recite -

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَ سَلِّمْ

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

**O Allaah, send prayers & peace upon Muhammad, O Allaah, verily I ask You from Your Favour.**

**11th, 12th and 13th days of Dhul-Hijjah (Ayyaam at-Tashreeq)**

**Stay in Minaa for stoning**

From the time period between after Zawaal (sun at highest point - no shadow) until the night, stone all three Jamarahs.

Pick stones - twenty one required per day [11].

Facing first Jamarah, as-Sughraa [13], with Makkah to your left & Minaa to your right, throw each of the seven stones at Jamarah reciting -

الله أكبر

**Allaah is the Greatest.**

- after each throw.

After stoning first Jamarah, face Qiblah (with first Jamarah to your right), raise hands & supplicate as you wish.

Then, calmly proceed to second Jamarah.

Facing second Jamarah, al-Wustaa [14], with Makkah to your left & Minaa to your right, throw each of the seven stones at Jamarah reciting -

الله أكبر

**Allaah is the Greatest.**

- after each throw.

After stoning second Jamarah, face Qiblah (with second Jamarah to your right), raise hands & supplicate as you wish.

Then, calmly proceed to third Jamarah.

Facing third Jamarah, al-'Aqabah al-Kubraa [15], with Makkah to your left & Minaa to your right, throw each of the seven stones at Jamarah reciting -

الله أكبر

**Allaah is the Greatest.**

- after each throw.

After stoning third & final Jamarah, move onwards without supplicating,

After final stoning on 13th day of Dhul-Hijjah [16], calmly exit Minaa and proceed to Makkah.

Before final departure from Makkah, perform Tawaaf al-Wadaa' (Farewell Tawaaf) as your last act.

**Tawaaf al-Wadaa'**

Upon entering al-Masjid al-Haraam with the right foot, recite -

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَ سَلِّمْ

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

**O Allaah, send prayers & peace upon Muhammad, O Allaah, open the doors of Your Mercy for me.**

No Ihraam required. Start at al-Hajar al-Aswad [1]. When beginning each circuit, make a sign with your right hand towards al-Hajar al-Aswad [2], & recite -

الله أكبر

**Allaah is the Greatest.**

Walking at normal pace, make seven circuit's of Ka'bah [3]. During each circuit, whilst between ar-Rukn al-Yamaanee [4] and al-Hajar al-Aswad, recite -

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَ فِي الآخِرَةِ

حَسَنَةً وَ قِنَا عَذَابَ النَّارِ

**Our Lord! Give us in this world that which is good & in the Hereafter that which is good, and save us from the torment of the Fire!**

Upon completion of Tawaaf al-Wadaa', you are free to depart to your home.

There is nothing further required of you from the rituals of Hajj.

Upon leaving al-Masjid al-Haraam with the left foot, recite -

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَ سَلِّمْ

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

**O Allaah, send prayers & peace upon Muhammad, O Allaah, verily I ask You from Your Favour.**

4

بِسْمِ اللَّهِ وَ اللَّهُ أَكْبَرُ  
 اللَّهُمَّ إِنَّ هَذَا مِنْكَ وَ لَكَ اللَّهُمَّ تَقَبَّلْ مِنِّي

**In the name of Allaah, & Allaah is the Greatest. O Allaah, it is from You & belongs to You. O Allaah, accept this from me.**

As for a camel, approach it while it is standing facing Qiblah, and spear it in the neck from below, making the same supplication, as above.

**Shave Head**

After slaughter, men: shave head - best, or cut hair equally from all over head; women:cut one-third finger length of hair.

Calmly proceed to Makkah to perform Tawaaf al-Ifaadhah.

**Tawaaf al-Ifaadhah**

Upon entering al-Masjid al-Haraam with the right foot, recite -

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَ سَلِّمْ

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

**O Allaah, send prayers & peace upon Muhammad, O Allaah, open the doors of Your Mercy for me.**

No Ihraam required. Start at al-Hajar al-Aswad [1]. When beginning each circuit, make a sign with your right hand towards al-Hajar al-Aswad [2], & recite -

الله أكبر

**Allaah is the Greatest.**

Walking at normal pace, make seven circuit's of Ka'bah [3]. During each circuit, whilst between ar-Rukn al-Yamaanee [4] & al-Hajar al-Aswad, recite -

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَ فِي الآخِرَةِ

حَسَنَةً وَ قِنَا عَذَابَ النَّارِ

**Our Lord! Give us in this world that which is good & in the Hereafter that which is good, and save us from the torment of the Fire!**

Then go behind Station of Ibraaheem and recite -

وَاتَّخِذُوا مِنْ مَّقَامِ إِبْرَاهِيمَ مُصَلًّى

**And take the station of Ibraaheem as a place of prayer.**

Behind Station of Ibraaheem - if possible, otherwise anywhere within al-Masjid al-Haraam: Pray two rak'ah naafilah; In first rak'ah recite Soorah al-Kaafiroon & in second rakaah, Soorah al-Ikhlaa. Then go to Zam-Zam well & drink from it, then pour some water over head. Return to al-Hajar al-Aswad & make a sign with your right hand towards it for the last time [2], & recite -

الله أكبر

**Allaah is the Greatest.**

Begin Sa'ee at as-Safaa. At foot of as-Safaa recite -

إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ فَمَنْ

حَجَّ الْبَيْتِ أَوْ اعْتَمَرَ فَلَا جُنَاحَ عَلَيْهِ أَنْ يَطَّوَّفَ

بِهِمَا وَمَنْ تَطَوَّعَ خَيْرٌ فَإِنَّ اللَّهَ شَاكِرٌ عَلِيمٌ

نَبِّدْأُ بِمَا بَدَأَ اللَّهُ بِهِ

**Verily! as-Safaa & al-Marwah are of the Symbols of Allaah. So it is not a sin on him who performs Hajj or 'Umrah of the House to perform the Tawaaf between them. And whoever does good voluntarily, then verily, Allaah is All-Recogniser, All-Knower. We begin with what Allaah began with.**

Each time upon as-Safaa & al-Marwah facing Ka'bah, recite -

الله أكبر، الله أكبر، الله أكبر

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَ لَهُ الْحَمْدُ

يُحْيِي وَ يُمِيتُ وَ هُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، أَنْزَلَ وَعَدَهُ

وَ نَصَرَ عَبْدَهُ وَ هَزَمَ الْأَحْزَابَ وَحْدَهُ

**Allaah is the Greatest, Allaah is the Greatest, Allaah is the Greatest. There is none truly worthy of worship except Allaah alone, without partner. To Him belongs all Sovereignty & all Praise. He alone gives life & causes death, He is Omnipotent over all things. There is none truly worthy of worship except Allaah alone, without partner. He has fulfilled His promise, & helped His slave, & He alone has defeated the confederates.**

- three times, making du'aa after first & second recitation only.

Between the walk from as-Safaa to al-Marwah & al-Marwah to as-Safaa, it is permissible to recite -

رَبِّ اغْفِرْ وَارْحَمْ، إِنَّكَ أَنْتَ الْأَعَزُّ الْأَكْرَمُ

**O Lord forgive me & have mercy, verily You are the Mightiest and Noblest.**