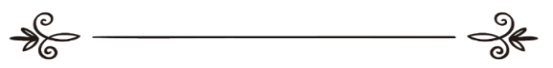
इस्लामीय विशेषताहरूका केही मोतीहरूको संग्रह

[ नेपाली - Nepali -نيبالي ]



लेखक

शैख अब्दुर्रहमान बिन नासिर बिन सअदी

🙠🙣

अनुवादक

अतीकुर्रहमान मु.इदरीस खान मक्की

संशोधन

मुहम्मद इदरीस सलफी

الدرة المختصرة

في محاسن الدين الإسلامي



للشيخ

عبد الرحمن بن ناصربن سعدي

🙠🙣

ترجمة

عتيق الرحمن محمد إدريس خان مكي

🙠🙣

مراجعة

محمد إدريس سلفي

بسم الله الرحمن الرحيم

🙠🙣

**;jf{lwsf/ cg'jfbsdf ;'/lIft 5 .**

To connect Translator: 0501372254

للتواصل مع المترجم: 0501372254

cg'jfbsl;t ;Dks{ ug]{ g+= )%)!#&@@%$

k|yd k|sfzg ;fn ;g\ @)!% O{= ;+=

lgMz'Ns ljt/0fsf] nflu dfq

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**k':ts kfOg] 7]ufgf –M**

\*O:nflds ufO8]G; ;]G6/ slknj:t' gu/kflnsf

Jf=g+= ( dx'jf tf}lnxjf slknj:t' -g]kfn\_

;Dks{ g+= ))(&&(\*!($#&&%\*

;pbL g+= 00966-0501372254

\*O:nflds ufO8]G; ;]G6/ /ajf cn\ l/ofh

;pbL c/aLof

**k|:tfjgf**

lal:dNnflx/{xdflg/{xLd

;d:t k|sf/sf k|z+;fx¿ cNnfxs} nflu 5g\ h;n] o; ;+;f/nfO{ pTkGg u¥of], / o;df a;f]af; ug'{sf] nflu gfgfy/Lsf k|f0fLx¿nfO{ cljis[t u¥of], / h;n] xfd|f] x[bonfO{ cfkm\gf] ;Tdfu{tkm{ nufOlbof], / cfkm\gf] >4f Pj+ k|]d / cfb/af6 kl/k"0f{ ul/bof] . / d ujfxL lbG5' ls To; cNnfx afx]s sf]xL ;To k"Ho 5}g, Tof] Psn} 5, To;sf] sf]xL ;xefuL 5}g . / d ujfxL lbG5' ls d'xDdb ;NnNnfxf] cn}x] j;Nnd cNnfxsf eQm Pj+ ;Gb]i6f / ldq x'g'sf] ;fy} dgf]gLt b"t x'g\ . hxfFnfO{ cNnfxn] ;Gb]i6fx¿sf] cfudgqmssf] cGt/fn kZrft k7fof], tfls ;d:t dfgjhfltnfO{ jf;gf / xj; k"hfaf6 arfP/ w/tL cfsfzsf] ;|i6fl;t ;+nUg u?g\ . o;y{ d'xDdb ;NnNnfxf] cn}x] j;Nnd ;d:t dfgjhfltsf gfos lyP, / pxfFsf] lgdGq0f ;d:t ;[li6sf] nflu bof / dfu{b{zg lyof], / ;d:t ;+;f/sf] nflu z'e;dfrf/ x'g'sf] ;fy} ;d:t zf]lift / ckdflgtx¿sf] nflu :jtGqtf klg lyof] . t;y{ cNnfxsf] cToflws zflGt / bof cjtl/t xf];\ d'xDdb ;NnNnfxf] cn}x] j;Nnddfly, / pxfFsf 3/kl/jf/ / ;d:t ;fyLx¿dfly / tL ;a}x¿dfly h'g k|no;Dd pxfFsf] k4ltdf lx+8\g] 5g\ .

k|:t't k':ts O:nfdsf k|l;4 ljb\ z}v cAb'/{xdfg lag gfl;/ c:;cbLn] n]v]sf n]vx¿dWo] Pp6f n]v xf] h'g O:nfdwd{sf ljz]iftfx¿af/] 1fg u/fpF5 . o;sf] ljifoj:t' clt dxTjk"0f{ ePsf]n] d}n] o;sf] cg'jfb cfkm\gf] dft[ efif g]kfnLdf ug'{sf] nflu dgf]gLt u/]sf] 5' . o;y{ d]/f] ;d:t k|of; o; s'/fdf s]lGb|t /xg]5 ls d o; lstfadf ePsf ;d:t s'/fx¿nfO{ s'/cfg / xbL;sf] k|sfzdf p:t} l;4 ug{ ;s"F h;/L o;sf] n]vsn] bz{fpg vf]h]sf 5g\ . d]/f] cNnfxl;t k|fy{gf 5 ls cNnfx cfkm\gf] bofn] dnfO{ d]/f] nIodf ;kmn kf?g\, ;fy} kf7sju{l;t klg ;fb/ cg'/f]w ub{5' ls o; cg'jfbdf s'g} q'l6 e]l6Pdf lgDgsf] 7]ufgfdf To; q'l6tkm{ xfd|f] Wofgfsif{0f u/fOlbPdf tkfO{sf] cfef/L x'g]5' .

/ dnfO{ cfzf 5 ls d]/f] of] ;fgf] k|of;af6 hg;d'bfonfO{ nfe k'Ug]5 / cNnfx d]/f] o; ;fgf] k|of;åf/f xfd|f] ;dfhnfO{ s'dfu{af6 lgsfn]/ ;'dfu{df nufpg]5 . cNnfxl;t ljGtL 5 ls cNnfx d]/f] o; k|of;nfO{ sa"n u/L dnfO{ / d]/f] 3/kl/jf/sf ;d:t ;b:ox¿nfO{ :ju{ k|bfg u?g\, / d]/f] :juL{o cfdf / afh]nfO{ Ifdfbfg lbO{ :ju{df pRr :yfg k|bfg u?g\ . -cfdLg\_

**cg'jfbs**

**ctLs'/{xdfg d'xDdb Ob/L; vfg dSsL**

**slknj:t' gu/kflnsf jf8{ g+= ( dx'jf**

**tf}lnxjf slknj:t' -g]kfn\_**

email- atiqkhannp1982@yahoo.com

**;Dks{ g+= ))(&&(\*!($#&&%\***

**;pbL df]= g= ))(^^%)!#&@@%$**

**k|Ssfyg**

;d:t k|sf/sf k|z+;fx¿ cNnfxs} nflu 5g\, xfdL To;}sf] k|z+;f ub{5f}+ / To;}l;t ;xfotfsf] ofrgf ub{5f}+, / To;}l;t Ifdfofrgf ub{5f}+ . / cNnfxsf] z|0f rfxG5f}+ cfkm\gf sfo{ s'/f / hLpsf] b'i6tfaf6, Tof] cNnfx h;nfO{ kyk|bz{g ul/b]cf];\ To;nfO{ sf]xL kye|ldt ug{ ;Sb}g, / h;nfO{ Tof] lbUe|ldt ul/b]cf];\ To;nfO{ sf]xL dfu{blz{t ug{ ;Sb}g . / d ujfxL lbG5' ls cNnfx afx]s sf]xL ;To k"Ho 5}g Tof] Psn} 5 To;sf] sf]xL ;femLbf/ 5}g, / d ujfxL lbG5' ls d'xDdb ;NnNnfxf] cn}x] j;Nnd To;sf] eQm Pj+ ;Gb]i6f x'g\, pgLdfly cNnfxsf] guGo zflGt cjtl/t xf];\ .

tTkZrftM lgM;Gb]x h'g wd{ O:nfdnfO{ lnP/ d'xDdb ;NnNnfxf] cn}x] j;Nnd cfpg' eof], Tof] ;jf]{Ts[i6 kl/k"0f{ / ;hf]{Rr Pj+ k|ltli7t wd{ xf], h'g cfkm"leq ;/fxgLo ljz]iftfx¿, kl/k"0f{tf / s'zNtf, bof Pj+ ;dfgtf, Gofo Pj+ tTjblz{tfnfO{ ;dfj]z u/]sf] 5, h'g of] ujfxL lbG5 ls k/d\ k"Ho cNnfx ;jf]{Ts[i6 / kl/k"0f{ 5 To;sf] tTjblz{tf / 1fgsf] s'g} ;Ldf 5}g, / of] klg ujfxL lbG5 ls ;Gb]i6f d'xDdb ;NnNnfxf] cn}x] j;Nnd cNnfxsf ;To ;Gb]i6f x'g\ / pgL g} Tof] ;Tojfg x'g\ lhgsf] ;Totfsf] ujfxL lbOPsf] 5 h'gls cfkm\gf]tkm{af6 s]xL eGb}gg\ cNnfxsf] kmdf{g 5M

ﭽ ﭠ ﭡ ﭢ ﭣ ﭤ ﭥ ﭼ النجم: ٤

cy{ M Tof] t dfq jx\o xf] h'g -pgLdfly\_ k7fOFb} 5 . - ;"/t'GgHd $ \_

o;y{ of] wd{ O:nfd cNnfxsf] PsTj / ;j{u'0f ;DkGgtfdfly / /;"n ;NnNnfxf] cn}x] j;Nndsf] b"tTj / ;Totfdfly ;jf]{Ts[i6 k|tLs xf] .

/ of] ;fgf] k|Ssfyg d}n] o; sf/0f j0f{g u/]+ tfls O:nfdsf tL cd"No / dxfg ljz]iftfx¿sf cfwf/x¿nfO{ j0f{g u¿F h'g d]/f] t'R5 1fgdf 5, oBlk d d]/f] 1fgsf] t'R5tfn]ubf{ o; wd{sf tL dxfg / kl/k"0f{ ljz]iftf / o;df ePsf cGo s'/fx¿nfO{ ;+I]fkdf j0f{g ug'{af6 c;dy{ 5' t To;nfO{ lj:tf/df s;/L j0f{g ug{;Sb5', t} klg d To;nfO{ cfkm\gf] 1fg / Ifdtfg';f/ j0f{g ug]{ cfF6 u/]sf] 5' lsgls h;nfO{ k"0f{tof k|fKt ug{ ;lsGg To;nfO{ k"/fsf k"/f 5f8\g klg ;lsb}g, / of] o; sf/0f lsgls cNnfx dfG5]nfO{ dfq Toltsf] bfloTjjfg ub{5 hltsf] To;df Ifdtf x'G5 . cNnfxsf] kmdf{g 5M

ﭽ ﮧ ﮨ ﮩ ﮪ ﭼ التغابن: ١٦

cy{ M hxfF;Dd ltdLaf6 x'g;S5, cNnfxl;t 8/ dfGg] u/=== . - ;"/t'Qufa'g !^ \_

/ of] o; sf/0f klg lsgls o; 1fgsf cToflws nfex¿ 5g\ h'gls lgDgdf j0f{g ul/G5M

⇒ h;dWo] of] klg xf] ls o; ljifol;t ;+nUg x'g' h'gls ;jf]{Ts[i6 ljifo klg xf] / o;df sfo{/t x'g' ;jf]{Ts[i6 ;'sd{x¿dWo] Ps xf], o;y{ o;sf] 1fg k|fKt ug'{ / o;af/] vf]h ug'{, / o;df lrGtgzLn x'g', / Tof] af6f]df nfUg' h;åf/f o;sf] 1fg k|fKt xf];\ eStsf ;jf]{Ts[i6 ;'sfo{dWo] Ps xf], / h'g ;do o;df nufp5f} Tof] ;do g} ltd|f] clt lxts/ ;do xf] .

⇒ o;dWo] of] klg xf] ls lgM;Gb]x cNnfxn] u/]sf pksf/ / ckf/ cg'u|xx¿sf] ;Demgf ug'{ / To;dfly To; k/d\ k"Hosf] cfef/ k|s6 ug'{ o:tf] sfo{ xf] h;sf] cNnfx / cNnfxsf /;"nn] cfb]z u/]sf 5g\, / of] 7"nf] ;'sfo{x¿sf] ;Ldfdf cfpF5, / o;df s'g} ;Gb]x 5}g ls o;af/]df vf]h ug'{ / To;sf] k|rf/ ug'{ To;df ljrf/ ljdz{ ug'{ To; cNnfxsf] ckf/ cg'u|xsf] cfef/L x'g] sfo{sf] ;Ldfdf cfpF5 .

/ of] g} Tof] wd{ xf] h; afx]s s;}åf/f s'g} klg wd{nfO{ :jLsf/ ub}{gg\, t of] rrf{ To;sf] cfef/ k|s6 ug'{ xf], / cNnfxl;t c? clws cg'sDkfsf] cg'/f]w ug'{ xf] .

⇒ o;dWo] of] klg xf] ls dflg;x¿ ljZjf; / k"0f{ cf:yfsf] af/]df leGg x'G5g\, o;y{ eQm o; wd{sf] af/]df hlt w]/} 1fgL x'G5, / To;sf] hlt cToflws k|lti7f ug]{jfnf x'G5, / To;åf/f hlt k|;Gg / k|km'lNnt x'G5 t To;sf] cf:yf Tolt g} ;'b[9, o;y{ Tof] cf:yfsf ;d:t cfwf/ / lgodx¿sf] k|tLs xf] .

t olb o; wd{ O:nfdtkm{ cfx\jfg ug]{x¿ o; wd{sf] jf:tljstfnfO{ / o;df ePsf lxts/ s'/fx¿nfO{ j0f{g u?g\ t of] pgLx¿nfO{ o; wd{tkm{ cfslif{t ug'{sf] nflu k|ofKt x'g]5, lsgls o;df pgLx¿ cfkm\gf] ;+;fl/s / k/nf}lss lxtnfO{ / hfx]/ Pj+ uf]Kodf ePsf lxts/ s'/fx¿sf] :kli6s/0fnfO{ bz{g ug]]{5g\, clg lj/f]wLx¿åf/ ul/Psf] l6Kk0fLsf] k|ltpQ/ / lj/f]wLx¿sf] wd{dfly l6Kk0fL ug]{ cfjzoStf kg]{5}g .

lsgls of] wd{ :jod\ g} tL ;d:t ;Gb]xhgs s'/fx¿sf] lgjf/0f ul/lbG5 h'g o; lj?4 x'G5g\, lsgls of] o:tf] ;To xf] h;;+u :kli6s/0f / ;To;Dd k'¥ofOlbg] k|df0fx¿ ;+nUg 5g\ .

o;y{ ha o; wd{sf s]xL jf:tljstfnfO{ :ki6 ul/of];\ t of] :kli6s/0f g} o;nfO{ :jLsf/ ug]{ Tof] ;jf]{Tsi6 dfWod xf] h;n]ubf{ dflg;x¿ o;nfO{ :jLsf/ ub{5g\ / of] c? wd{x¿dfly clwkTozfnL eOxfN5 .

/ ofb/fv ls O:nfd wd{sf] ljz]iftf / u'0fx¿ To;sf ;d:t k|df0f, ljifo, cfwf/ / lgb]{zgx¿ Pj+ sfo{z}nLdf ;dflji6 5g\, h;dWo] wfld{s lgb]{zg / lj1fgx¿ / tL k|tLs lj1fg / ;fdflhs tYox¿ klg x'g\ h'g a|x\df08sf] jf:tljstfdfly k|df0fLs/0f u5{g\ . / of] j0f{{g ug]{ p2]Zo ;d:tnfO{ j0f{g ug'{ xf]Og lsgls o:tf] ug'{sf] nflu lj:t[t rrf{ ug'{ h?/L eOxfN5, a? o;af6 xfd|f] p2]Zo dfq of] xf] ls xfdL s]xL pbfx/0f j0f{g u/]/ c?dfly k|df0fLs/0f ug{ ;sf}+ tL JolQmx¿sf] nflu h'g o; ljifodf 1fg k|fKt ug{ rfxG5g\ . / oL pbfx/0fx¿ Jojxfl/s If]q / k"hf cf/fwgf / ljifoj:t'sf] If]qdf klg clt k|Voft 5g\ .

o;y{ xfdL k|:t't u5f}{+ cNnfxl;t ;xfotf / ;'dfu{sf] cfzfsf] ;fy, / o; cfzfsf] ;fy ls cNnfx xfdLnfO{ dfu{bz{g u5{, / 1fg k|bfg u5{, / xfd|f] lglDt cfkm\gf] ckf/ cg'u|xsf] åf/ vf]lnlbG5 h;n]ubf{ xfd|f] cj:yfdf ;'wf/sf] pTkft x'G5, / h;åf/f xfd|f] lqmof / s'/fx¿ b'?:t eOxfN5g\ .

**klxnf] pbfx/0f**

⇒ O:nfd wd{ cf:yfsf tL cfwfx¿dfly cfwfl/t 5 h;nfO{ cNnfxn] lgDgsf] Znf]sdf j0f{g u/]sf 5g\M

ﭽ ﭣ ﭤ ﭥ ﭦ ﭧ ﭨ ﭩ ﭪ ﭫ ﭬ ﭭ ﭮ ﭯ ﭰ ﭱ ﭲ ﭳ ﭴ ﭵ ﭶ ﭷ ﭸ ﭹ ﭺ ﭻ ﭼ ﭽ ﭾ ﭿ ﮀ ﮁ ﮂ ﭼ البقرة: ١٣٦

cy{ M x] d'l:ndx¿ Û ltdLx¿ ;a}n] elgb]pm ls xfdL cNnfxdfly, / h'g lstfa xfdLlt/ ptfl/of], / h'g -u|Gyx¿\_ Oa|fxLd, O:dfO{n, O:xfsÞ, ofj"mÞa / pgsf ;Gtltx¿nfO{ k|bfg ul/of], ltgLdfly / h'g d";f / O{;fnfO{ k|bfg ul/of] / h'g cGo k}uDa/x¿nfO{ -;Gb]i6fx?nfO{\_ ltgsf kfngstf{af6 k|bfg ul/P, ltgLdfly ;Dk"0f{ cf:yf /fVb5f}+ . xfdLn] tL k}uDa/x¿df s'g} e]befj ub}{gf}+ / xfdL pxL Ps cNnfxsf cfb]z kfng ug]{x¿ xf}+ . - ;"/t'n\ as/M !#^ \_

⇒ t oL ljzfn cfwf/x¿ h;sf] cfb]z cNnfxn] cfkm\gf] eQmx¿nfO{ lbPsf] 5 tL cfwf/x¿ g} x'g\ h;dfly ;d:t b"t / ;Gb]i6fx¿sf] Psdt 5, / tL cfwf/x¿ O{dfgsf ljzfn l;4fGt / 1fgnfO{ cfkm"leq ;dflji6 u/]sf 5g\ / tL ;d:tnfO{ zfldn 5 h;åf/f cNnfxn] cfkm"nfO{ ;Gb]i6fx¿sf] dfWodn] ljz]lift u/]sf] 5, / h;nfO{ cfkm\gf] k|;Ggtf kfpg] dfWod klg agfPsf] 5 .

⇒ o;y{ wd{sf] cy{ xf] cNnfxdfly ljZjf; ug'{, / To;sf] kmn of] xf] ls tL ;d:t s'/fx¿df cu|;/tf b]vfOof];\ h;af6 cNnfx /fhL / k|;Gg x'G5g\ / tL ;d:tnfO{ k"0f{ lgi7fsf] ;fy cNnfxsf] nflu ul/of];\, t olt 1fg eP kZrft of] sNkgf ug{ ;lsG5 ls o; wd{eGbf klg s'g} c? wd{ >]i7 / ul/dfjfg Pj+ dxfg x'G;S5/ <

⇒ / of] o:tf] wd{ xf] h'g of] cfb]z u5{ ls hlt s'/fx¿ klg ;Gb]i6fx¿nfO{ k|bfg ul/Psf] 5 tL ;d:tdfly cf:yf / ljZjf; /fv, / pgLx¿sf] b"tTjnfO{ ;To dfg, / h'g ;Totf cNnfxåf/f pgLx¿nfO{ k|fKt ePsf] 5 To;df ljZjf; u/, / ;d:t /;"nx¿aLr ljefhg gu/, / of] cf:yf /fv ls ;d:t cNnfxsf ;Gb]i6f / To;sf] k|sfzgfsf w/f]x/L x'g\ . / of] s'/f] b'n{e 5 ls pgLx¿dfly s'g} k|sf/sf] l6Kk0fL ug{ ;lsof];\ .

⇒ o;y{ of] wd{ k|To]s xs aftsf] cfb]z u5{, / k|To]s ;Totfsf] ;dy{g u5{, / k|To]s tL wfld{s jf:tljstfx¿nfO{ k'li6 u5{ h;sf] ;|f]t dfq jx\o xf], / dgLifLo Pj+ k|fs[lts jf:tljstfsf] klg ;dy{g u5{, o;y{ ;TonfO{ s'g} klg kl/l:yltdf c:jLs[t ub}{g, g t em"7sf] ;dy{g g} u5{ gt To;dfly c;To clwkTo g} kfpg ;Sb5, lsgls of] wd{ ;d:t wd{x¿dfly clwkTozfnL 5 .

/ of] wd{ ;/fxgLo lzi6frf/ / g}ltstfsf] cfb]z u5{, / eStx¿sf lxts/ s'/fx¿sf] klg, / Gofo lg;fkm dfgjtf >]i7tf / boftkm{ k|f]T;flxt u5{, / cGofo cTofrf/ Jolerf/ / cg}ltstfaf6 ;fjwfg u5{ . o;y{ o:tf] s'g} /fd|f] / kl/k"0f{ g}ltstf 5}g h;nfO{ ;Gb]i6fx¿n] k'li6 u/]sf xf]pg\ t/ of] wd{ klg To;nfO{ k'li6 ub}{ ;dy{g u5{, / o:tf] s'g} ;+;fl/s / k/nf}lss lxts/ s'/f 5}g h;tkm{ cGo wd{x¿n] af]nfPsf xf]pg\ t/ of] wd{ klg To;tkm{ k|]l/t u5{ To;tkm{ af]nfpF5, / s'g} o:tf] ljsf/o'St s'/f 5}g h;af6 wd{x¿n] /f]s]sf xf]pg\ t/ of] wd{ klg To;af6 /f]Sb5 .

⇒ tfTko{ of] ls o; wd{sf l;4fGt / cg'i7fgx¿ x'g\ h;åf/f x[box¿ kljq / :jR5 x'G5g\, / cfTdfx¿df ;'wf/ cfpF5, / To;}åf/f ;/fxgLo sfo{ s'/f / g}ltstfx¿sf] gLj /flvG5 .

**bf];|f] pbfx/0f**

O{dfg kZrft O:nfdsf 7"nf ljwfgx¿dWo] -lgb]{zgx¿dWo]\_ x'g\M gdfh sfod ug'{, wd{bfo lbg', /dhfg dlxgfsf] j|t a:g', / a}t'Nnfxsf] xHh ug'{ .

oL dxfgtd lgb]{zgx¿ / To;sf nfex¿df ljrf/ ug'{;\, / o;nfO{ sfo{Gjogdf NofP kZrft To;sf zL3|td / cfufdL k|ltkmndfly klg .

⇒ / ljrf/ u/ gdfhdf cNnfxsf] nflu kfOg] lgi7fsf] af/]df, / To; cNnfxlt/ k|j[Q x'g] / k"0f{¿kn] To;nfO{ gtd:ts x'g] s'/fdf, / To;df ul/g] ofrgf ;dk{0f / k|z+;fsf] af/]df, / of] gdfh cf:yfsf] nflu To:t} 5 h;/L au}rfsf] nflu ?v h;sf] sf/0f au}rfsf] b]v/]v ul/G5, / olb of] gdfh lbg/ftL Pskl5 cfsf]{ af/Daf/ cfpFb}GYof] eg] of] cf:yfsf] nflu ?v em}+ x'Fb}GYof], t/ of] cf:yf gdfhsf] af/Daf/ :t'ltåf/f gjLs/0f x'Fb}/xG5 .

/ x]/ gdfhnfO{ s] s;/L Tof] cNnfxdf ;dk{0f / To;sf] elQmdfly cfwfl/t 5 h'g ;a}eGbf 7"nf] / dxfg s'/f] xf], / x]/ ls of] gdfh s;/L cg}lts / cg'lrt s'/fx¿af6 / cZnLntf Pj+ lgn{Hhtfaf6 ;'/Iff k|bfg u5{ .

⇒ / hsft -wd{bfo\_ nfO{ x]/, / x]/ tL ;d:t g}ltstf, cfr/0f / lzi6frf/x¿nfO{ h'g To;df gLlxt 5g\ h;/L pbf/tf, / 3[l0ft sfo{x¿af6 / cg}ltstfx¿af6 6f9f /xg', / cNnfxsf] cg'sDkfdf To;sf] s[t1tf k|s6 ug'{, / dfnnfO{ nf}lss / cnf}lss xflg k'¥ofpg] s'/fx¿af6 ;'/lIft /fvg', / h'g o; hsftåf/f k"0f{ dfgjhfltdfly / ljz]if¿kn] lgw{g / ul/a Pj+ bl/b|x¿dfly pksf/ ul/G5, / cfjZostf ePsf dflg;x¿sf] cfjZostfnfO{ o;åf/f k"0f{ ul/G5 .

o;y{ hsftåf/f aflwt / cfjZostf ePsf dflg;x¿sf] cj:yf ;'wfl/G5, / o;}åf/f wd{o'4df ;xfotf ul/G5, / tL lxts/ ;fj{hlgs s'/fx¿nfO{ sfo{Gjogdf NofOG5 h;åf/f ;d:t d';ndfgx¿ nfeflGjt x'G5g\, / o;}åf/f lgw{gtf / ul/aLnfO{ x/fOG5, / o;}åf/f cNnfxsf] k|lt1fdf e/f];f ul/G5 / To;sf] k|ltkmnsf] cfzf ul/G5 .

⇒ / j|tåf/f dfG5]nfO{ cNnfxsf] k|;Ggtf k|flKtsf] nflu tL s'/fx¿nfO{ TofUg'sf] cEof; u/fOG5 h'g To;sf] ;dLk clt lk|o x'G5, / o;åf/f cfTdfnfO{ b[9tf / w}o{tfsf] cEof; u/fOG5 .

/ o;df lgi7fnfO{ ;zSt ug]{ dfWodx¿ 5g\, / To;sf] k|]dnfO{ c? x[bosf k|]dx¿dfly k|fyldstf k|bfg ug]{ ;|f]tx¿ klg 5g\, / o;} sf/0f j|t dfq cNnfxsf] nflu x'G5 h;nfO{ cNnfxn] ;d:t k"hfx¿dWo]af6 cfkm\gf] nflu ljlzi6 ul/lnPsf] 5 .

⇒ / /x\of] s'/f] xHhsf] t xHhdf hlt dfn vr{ ul/G5 / h'g si6 / b'MvnfO{ ;xg ul/G5 cNnfxsf] k|;Ggtf / ;fdLKotf kfpgsf] nflu, / To;sf] 3/leq To;l;t sfg]v';L ug'{sf] nflu, / To;n] lgwf{l/t u/]sf] zx/, kfjg :yfg / lgzfgLx¿df To;sf] gfgfk|sf/n] elQm ug'{sf] nflu h;nfO{ cNnfxn] cfkm\gf] ;Tolgi7 eQmx¿ / kfx'gfx¿sf] nflu ljlzi6 u/]sf] 5 .

/ h'g oL kfjg :ynx¿df k"0f{¿kn] cNnfxnfO{ gtd:ts x'g' / To;sf] dxfgtfsf] j0f{g ug'{sf] ;'cj;/ kfOG5, / To;sf ;Tolgi7 / dgf]gLt ;Gb]i6f / b"tx¿sf] ;Degf ug{ kfOG5 h;åf/f x[bonfO{ an / b[9tf k|fKt x'G5, / pgLx¿af6 k|]d ug'{df c? zlSt ldN5 .

/ h'g o;åf/f ;d:t d';ndfgx¿l;t kl/rosf] cj;/ k|fKt x'G5, / ;d:tnfO{ Psdt ug'{sf] cj;/ ldN5, / tL ;d:t ;fj{hlgs lxts/ s'/fx¿df Psdt x'g] cj;/ k|fKt x'G5 h;nfO{ :ylut ug{ ;lsGg, o;y{ oL sfo{x¿ O:nfdsf dxfgtd\ ljz]iftfx¿dWo]sf x'g\, / o;åf/f cf:yfjfgx¿nfO{ cToflws lxts/ nfex¿ k|fKt x'G5g\ . / h'g pk/f]Stdf j0f{g ul/Psf] 5 Tof] dfq To;sf] ljz]iftfsf] ;+lIfKt / ;f/ dfq xf] .

**t];|f] pbfx/0fM**

⇒ h'g cNnfxn] ;d:tnfO{ k|]defj / Psdt /xg'sf] ;bpkb]z u/]sf] 5 / ljeflht x'g'af6 / dte]b ug'{af6 /f]s]sf] 5 . t o; d"n dxfg cfwf/dfly w]/} k|df0fx¿ / s'/cfgLo Znf]sx¿ k|df0fLs/0f u5{g\, / o;df ;dfhsf cToflws lxts/ s'/fx¿ gLlxt 5g\, / o;}df clwsf+z ;f+;fl/s / k/nf}lss lxts/ s'/fx¿ lge{/ 5g\, / o;åf/f sltko xflgsf/s tYox¿ / ljsf/o'St s'/fx¿ xl6G5g\ .

⇒ / s;}dfly of] s'/f] klg n's]sf] 5}g ls o;}dfly To; zlStsf] lge{/tf 5 h'g :jod\ ;Todf cfwfl/t x'G5 / of] g} To;sf] d"n cfwf/ xf] .

h;/L ls of] klg 1ft x'G5 ls o; pDdtsf] -;d"xsf]\_ cf/lDes sfndf ePsf dflg;x¿ -;xfaLx¿\_ h'g O:nfdLs k"0f{tofdf sfod x'g] l:yltdf lyP / h'g OHht ;Ddfgsf] cj:yfdf pgLx¿ lyP h;;Dd kl5 cfPsf dflg;x¿ clxn];Dd k'Ug ;s]sf 5}gg\, t tL ;d:t o;} d"n cfwf/df sfod x'g'sf] s/0f lyof], lsgls pgLx¿ o;df k"0f{tof b[9tfsf] ;fy sfod lyP o; b[9 ljZjf;sf] ;fy ls of] g} o; wd{ O:nfdsf] d"n dd{ / cfTdf xf] . t of] s'/f] o; cfwf/sf] dxfgtf / cfjZostfnfO{ c? :ki6 kfl/lbG5 .

**rf}yf] pbfx/0fM**

O:nfd wd{ bof k|]defj pksf/ / sNof0f Pj+ pbuf/sf] wd{ xf], h'g dfgjtfsf] sNof0ftkm{ k|f]T;flxt u5{ .

t o; wd{df h'g bof, ;'Jojxf/ / pksf/tkm{ cfdGq0f ug'{, / tL ;d:t s'/fx¿af6 dgfxL ug'{, h'g o; lj?4 5g\ Tof] g} o; wd{nfO{ 3f]/ c+Wof/f]df k|sfz, / cTofrf/ / cGofo Pj+ s'Jojxf/df bof k|]dsf] k|sfz l;4 u5{ .

⇒ / o;} s'/fn] tL 3fts zq'x¿nfO{ klg cfkm"lt/ cfslif{t u¥of] h'g o;sf ;a}eGbf ljzfn zq' lyP oxfF;Dd ls pgLx¿ o;nfO{ sa"n u/]/ o;sf] Ifq5fofdf cfP .

/ of] g} Tof] d"n dd{ xf] h;n] cfkm"nfO{ dfGg]x¿dfly bofjfg eof] oxfF;Dd ls bofefj k|]defj pbf/tf / IfdfzLntf pgLx¿sf] x[boaf6 lg:s]/ pgLx¿sf] Jojxf/ / s'/fsfgLdf hfx]/ x'GyfNof], a? To;nfO{ gdfGg] zq'x¿;Dd klg k'Uof], clg pgLx¿ o;sf] bf; eP/ 3lgi6 ldq eP . t tL dflg;x¿dWo] sltko o;nfO{ /fd|f] a'em]sf] sf/0f o;df k|j]z u/], t sltko o;sf efj's / lgd{n lgb]{zgx¿n]ubf{ / o;nfO{ cËLsf/ ul/;s]sf dflg;x¿sf] bof k|]d / ;'Jojxf/ x]/]/ o;df k|j]z u/] .

**kfFrf}+ pbfx/0fM**

O:nfd wd{ tTjblz{tfo'St Pj+ k|s[lts wd{ x'g'sf] ;fy} dgf]j}1flgs ;kmntf / lxtsf] wd{ xf] .

⇒ t of] cfwf/ :ki6 u5{ tL ;d:t s'/fx¿, cfb]z Pj+ lgb]{zgx¿nfO{ h;nfO{ cfkm"leq ;dfj]z u/]sf] 5, / h;nfO{ k|s[lt / dgLif klg :jLsfb{5, / h;sf] cg'z/0f ul/G5 ;To / ;xL ;Dem]/, / o; sf/0fn] klg ls h'g o;df c? lgb]{zgx¿ / /fd|f] Joj:yfkg 5 ;d:t k|To]s :yfg / o'ux¿sf] nflu pko'St 5 .

o;y{ To;n] lbPsf ;d:t va/x¿ ;xL / ;To 5g\, / o:tf] s'g} klg lj1fg gt cfPsf] 5 gt eljiodf cfpg] g} 5 h'g o;nfO{ c;To k|dfl0ft u/f];\ jf To;sf] lj/f]wL xf];\, a? ;d:t ;xL 1fgx¿ o;sf] ;dy{g u5{g\, t of] s'/f] o;sf] ;Totf / oyft{tfdf csf6\o k|df0f xf] .

⇒ / Gofolk|o cg';+wfgstf{x¿n] cg';+wfg u/]/ of] k|i6 u/]sf 5g\ ls hlt klg ;+;fl/s, wfld{s / gLltut 1fgx¿ 5g\ tL ;d:tlt/ s'/cfgn] dfu{bz{g / k|df0fLs/0f u/]sf] 5 o:tf] tl/sfn] h;df s'g} z+sf ;Gb]xsf] u'GhfOz g} 5}g .

o;y{ O:nfd wd{df s'g} o:tf] s'/f 5}g h;nfO{ dgLif sa"n gu/f];\ jf dgLifnfO{ x}/fg kf/];\, a? o;df t o:tf s'/fx¿ ;+u|x 5g\ h;sf] ;xdlt z'4 / ljz'4tfk|fKt dgLifx¿ ;dy{g u5{g\, / To;sf] ;TotfnfO{ / lxts/ x'g] s'/fnfO{ k|df0fLs/0f u5{g\ .

/ a'l4dfg / af7f] dflg; hlt o;sf lgb]{zgx¿df lrGtg dgg\ u5{ Tolt g} To;sf] cf:yf / ljZjf;df clej[l4 x'Fb} hfG5, / To;sf] x[bodf of] cf:yf c? b[9 x'Fb} hfG5 ls lgM;Gb]x of] tTjblz{ dxfg / kljq cNnfxsf] tkm{af6 cjtl/t ul/Psf] xf] .

**57f}+ pbfx/0fM**

h'g of] wd{ enfO{sf sfo{x¿tkm{ cfx\jfg ug{] / a'/fO{sf sfo{x¿af6 /f]Sg] / wd{o'4sf lgb]{zgx¿ NofPsf] 5 .

⇒ t h'g -lhxfb\_ wd{o'4 of] wd{ NofPsf] 5 To;sf] cy{ xf]M o; wd{dfly / o;sf ;Ldfx¿dfly cltqmd0f ug]{ zq'x¿nfO{ o:tf] ug'{af6 /f]Sg', / ltgsf] o; cdfgjLo sfo{ / bfjLnfO{ lgd{"n kfg'{ .

/ lgM;Gb]x of] g} ;jf]{Ts[i6 wd{o'4 xf] h;åf/f s'g} zf/Ll/s cflTds / ;+;fl/s nfe ceLi6 x'Fb}g .

/ h'g dflg; klg o; cfwf/sf k|df0fx¿ / gaL ;NnNnfxf] cn}x] j;Nndsf] / pxfFsf ;fyLx¿sf] Jojxf/x¿ / pgLx¿sf] pgLx¿sf zq'x¿k|lt Jojxf/ s:tf] lyof] o; s'/fnfO{ x]5{ t To;nfO{ lgM;Gb]x of] yfxf eOxfN5 ls wd{o'4 cfjZostfx¿df klg k|lji6 / nfu" x'G5 / ;LdfpNn+3gsf/Lx¿ lj?4 klg .

⇒ / o:t} 5 enfO{sf] cfb]z ug'{ / s'sd{af6 /f]Sg'sf] s'/f], lsgls of] wd{ ta;Dd k"0f{tof sfo{Gjogdf Nofpg ;lsb}GYof] ha;Dd o;sf cg'ofoLx¿ o;sf cfb]z / ljwfgx¿nfO{ sfo{Gjogdf gNofpg\, / o;n] u/]sf] cfb]zsf] kfngf gu?g\ h'gls ;kmntfsf] d"n gLj xf] . / o;n] jlh{t u/]sf] s'/fx¿af6 ?ls gxfn'g\ h'gls ;d:t a'/fO{ / pkb|jsf] hu xf] . / ;a} o;df sfo{/t /x'g\ tfls s;}sf] cfTdf To;sf] cTofrf/nfO{ To;sf] b[li6df ;'xfpFbf] s'/f] gagfOb]cf];\ h'gls x/fd 5, / To;nfO{ tL clgjfo{ sfo{x¿df sf]tfxL ug{'tkm{ gnufOb]cf];\ . t of] sfo{ lagf ;'sfo{sf] cfb]z ul/sg\ / a'/fO{af6 g/f]lssg\ k"0f{ x'G;Sb}GYof] . t o;} sf/0f enfO{sf] cfb]z ug'{ / s'sd{af6 /f]Sg' o; wd{ O:nfdsf dxfg / k|d'v ljz]iftfdWo]x¿sf] xf], / o;sf dxTjk"0f{ cfjZos s'/fx¿dWo]sf] klg h'g o;nfO{ sfo{Gjogdf Nofpg'df ;xfos xf];\ . h:tf]ls o;åf/f g} s'sdL{ / kfkL Pj+ s'l6n dflg;x¿nfO{ ;'dfu{tkm{ NofOG5, / o;}sf] dfWodn] pgLx¿nfO{ cg'lrt sfo{x¿af6 5'6\sf/f lbnfOG5, / ;jf]{Ts[i6 lzi6frf/tkm{ nufOG5 .

t /x\of] s'/f] pgLnfO{ k"0f{ :jtGqtf lbg'sf] hals pgLx¿ o; wd{sf cfb]zsf] cg'ofoL alg;s] / o;sf] ljwfgsf] cg'z/0fsf/L eP, t o:tf] ugf{n] pgLdfly g} cTofrf/ ug'{ xf], / pgLx¿nfO{ g} xflg k'¥ofpg' xf], / o;sf] ;fy} ;dfhnfO{ klg xflg k'¥ofpg' xf], / ljz]if¿kn] ha pgLnfO{ o:tf xs clwsf/x¿df :jtGqf k|bfg ul/of];\ h'g pgLdfly wfld{s / ;fdflhs Pj+ dgf]j}1flgs tl/sfn] clgjfo{ 5g\ .

**;ftf}+ pbfx/0fM**

O:nfdn] Jofkf/, kfl/>lds, cfwfa6fO{, ;fem]bf/Ldf sfo{ ug'{, / tL ;d:t n]gb]gnfO{ hfoh u/]sf] 5 h;dfkm{t dflg;x¿ Jofkf/ Joj;fo / n]gb]g u5{g\, / >[0f pwf/ ===== cflbdf Jojxfl/s ¿kn] sfo{Gjogdf NofpF5g\ .

t O:nfdn] o:tfvfnsf ;d:t s'/fnfO{ hfoh u/]sf] 5, / o;df dflg;x¿nfO{ :jtGqtfsf] clwsf/ k|bfg u/]sf] 5, lsgls oL s'/fx¿ dflg;x¿sf] nflu pgLx¿sf] cfjZostfx¿ / b}lgs lqmofsnfk / Jojxf/x¿df nfek|b 5g\, / o;df dflg;x¿nfO{ clt ;'udtf k|bfg u/]sf] 5 h;n]ubf{ eStx¿sf] b}lgs cfjZostf / To; afx]s hLljsf k|flKtdf ;/ntf xf];\ .

/ o;nfO{ j}wflgs ug'{df O:nfdLo ljwfgn] b'j} kIfsf] :jLs[ltnfO{ zt{ dfg]sf] 5, ;fy} of] zt{ klg /fv]sf] 5 ls h'g s'/fnfO{ vl/b ljqmL ul//x]sf 5g\ Tof] c1ft / cb[Zo gxf];\, / h'g ljifodf vl/b ljqmL ul/G5 To;sf zt{x¿af/] / To;sf k|efjx¿af/] 1fg x'g' .

/ tL ;d:t s'/fx¿af6 /f]s nufOlbof] h;df xflg jf cTofrf/ 5, h;/L h'cf, ;'bJofh / c1ft s'/fx¿sf] vl/b ljqmL, / o; h:tf ;d:t Jofkf/sf y/Lx¿ klg .

t h'g dfG5] klg O:nfdLo j}wflgs Jofkf/sf lgod sfg"gdfly ljrf/ljdz{ u5{ Tof] To;df tL tYox¿sf] bz{g ug]{5 h'g dfG5]sf] ;+;fl/s / wfld{s enfO{sf] hdfgt lbG5g\ .

/ cNnfxn] eStx¿dfly tTjblz{tf / cg'u|x k|bfg ug'{sf] jfrf u/]sf] 5, o;} sf/0f To;n] tL ;d:t s'/fx¿nfO{ u|fx\o ul/lbPsf] 5 h'g z'4 / kljq 5g\ ca rfx] tL sfo{ xf]pg\ jf Jofkf/ jf kfl/>lds jf vfg] s'/f jf k]o kbfy{ jf s'g} klg nfebfos s'/fsf ;|f]tx¿ / dfWodx¿ .

**cf7f}+ pbfx/0fM**

O:nfdn] ;d:t kljq / z'4 s'/fx¿nfO{ hfoh -u|fx\o\_ u/]sf] 5 ca rfx] Tof] vfB kbfy{dWo]sf] xf];\ jf k]o kbfy{dWo]sf], n'uf kmfF6 xf];\ jf zfbL ljjfxdWo]sf] .

⇒ t tL ;d:tnfO{ O:nfdn] xnfn / hfoh u/]sf] 5 h'g kljq s'/fx¿ cGtu{t cfpF5g\, o;y{ cGgsf ;d:t y/Lx¿nfO{ / kfgLdf ePsf hLjx¿sf df;', / yndf /xg] hgfj/x¿sf] df;'nfO{ hfoh eg]sf] 5, / oL ;d:tdWo] dfq To;af6 /f]s]sf] 5 h'g dgLif / wd{ cyjf z/L/ jf ;DklQsf] nflu cz'4 / xflgsf/s Pj+ ckljq 5g\ .

t h;nfO{ To; cNnfxn] u|fx\o u¥of] Tof] To;sf] pksf/ / To;sf] wd{sf] ljz]iftfdWo]sf] xf], / h;af6 /f]lslbof] t To;sf] /f]Sg' klg To;sf] pksf/dWo]sf] g} xf], lsgls eStx¿nfO{ o:tf] s'/faf6 /f]s]sf] 5 h'g pgLx¿sf] nflu xflgsf/s 5 .

/ of] To;sf] wd{sf] ljz]iftf g} xf] ls To;sf ;d:t lgb]{zgx¿df tTjblz{tf / enfO{ gLlxt 5, / xflgsf/s s'/fx¿sf] l/ofot klg .

⇒ o:t} ljjfxsf] ;DaGwdf of] hfoh u/]sf] 5 ls dfG5]nfO{ h'g o'jtL dgk/f];\ To;}l;t ljjfx u/f];\ rf/ o'jtL;Dd . t o;df klg b'j} kIfsf] nflu enfO{ 5 / b'j} kIfaf6 xflgnfO{ x6fpFg' klg .

/ o;sf] ;fy} eStsf] nflu Pp6} ;dodf rf/ :jtGq dlxnfeGbf clws;+u ljjfx ug'{nfO{ hfoh u/]g lsgls rf/eGbf clws;Fu ljjfx ug'{df cGofo cTofrf/sf] eo 5 .

/ o;sf] ;fy} of] s'/ftkm{ klg k|f]T;flxt u/]sf] 5 ls olb cGofo cTofrf/sf] eo 5 eg] dfq Ps dlxnfl;t ljjfx ug'{n] klg k'U5, h;n]ubf{ Tof] cGofo cTofrf/af6 afFr]/ ;'vb j}jflxs hLjgsf] cfgGb ef]Ug ;sf];\ .

⇒ t h;/L ls ljjfx ljzfn cg'sDkf / k|d'v cfjZostfdWo]sf] xf], o;} sf/0f cNnfxn] kf/kfr's] -tnfs\_ nfO{ klg hfoh u/]sf] 5, tfls h;l;t dfG5]sf] x[bo pTkLl8t eOxfnf];\ jf b'j}aLr c;xdltsf] pTkft eOxfnf];\ t Tof] To;};Fu hLjg JotLt ug]{ pTkL8gdf afWo g/xf];\ h:tf]ls cNnfxsf] kmdf{g 5 M

ﭽ ﮋ ﮌ ﮍ ﮎ ﮏ ﮐ ﮑﮒ ﮓ ﮔ ﮕ ﮖ ﮗ ﭼ النساء: ١٣٠

cy{ M olb nf]Ug] / :jf:gL Ps csf{af6 5'l6G5g\ eg] cNnfxn] k|To]snfO{ cfˆgf] clt bfgzLntfn] k|z:t ;fwg k|bfg ug]{5 / cNnfx clt pbf/ / a'l4dtf ;DkGg 5 . - ;"/t'lGg;f !#) \_

**gJjf}+ pbfx/0fM**

cNnfx / cNnfxsf /;"nn] dfgjaLr Pscfsf{sf] lglDt o:tf xs clwsf/nfO{ clgjfo{ u/]sf 5g\ h'g ls ;d:tl;t enfO{ pksf/ Gofo lg;fkmsf] Jojxf/ ug'{ / cGofo cTofrf/nfO{ TofUg' xf] .

h;/L ls tL xs clwsf/x¿ h'g dfG5]sf] dftf lktfk|lt To;dfly clgjfo{ ul/Psf 5g\, / To;sf ;Gtfg, cfkmGtL, 5/l5d]sL, ;fyLefO / ;]js gf]s/k|lt clgjfo{ ul/Psf] 5, / o:t} >LdtL / >Ldfgsf Pscfsf{dfly h'g xs clwsf/ clgjfo{ ul/Psf] 5 Tof] klg .

t oL o:tf clwsf/x¿ x'g\ h'g JolStljz]if / ;dfhsf] cfjZostf x'g'sf] ;fy} To;sf] nflu k"/s klg x'g\, h;nfO{ k|s[lt / a'l4hLljx¿ /fd|f] dfGb5g\, / h;åf/f ;fdflhs s'/fx¿ /fd|/L ;DkGg ul/G5, / To;}åf/f nfebfos s'/fx¿sf] cfbfg k|bfg ul/G5 xsjfnfsf] >]0fL / cj:yfsf] cfwf/n] .

/ tkfO{ o;df hlt ljrf/ ug'{x'G5 Tolt g} o;df enfO{sf] cfef; ug'{x'G5, / a'/fO{sf] ktgsf] cg'ej ug'{x'G5, / o;df ;fdfGo / ljlzi6 / lxts/ k|]d / ;'Jojxf/sf] bz{g ug'{x'G5 h'g tkfO{dfly o; wd{sf] dxfgtfnfO{ ;'blz{t u5{, / o; s'/fnfO{ klg ls of] wd{ b'j} nf]ssf] enfO{ / ;kmntfsf] hdfgt lbG5 .

/ oL ;d:tsf] ;fy} tkfO{ of] klg cg'ej ug'{x'G5 ls o; wd{n] tf]s]sf xs clwsf/x¿ ;d:t :yfg / ;do Pj+ ;d:t kl/l:ylt / /Lltsf] nflu Psgf; pko'St 5g\, / o;nfO{ ;d:t k|sf/sf lxts/ s'/fx¿sf] ;f/ kfpg'sf] ;fy} ;d:tsf] dgf]sfdgf k"0f{ ug]{jfnf / O{iof{ / zq'tfnfO{ gfz ug]{jfnf klg kfpg'x'G5 .

/ oL ;d:tsf] 1fg o;af/] cWoog u/] kZrft / o;sf ljifoj:t' / ;Gbe{nfO{ cWoog u/] kZrft g} yfxf x'G5 .

**bzf}+ pbfx/0fM**

k}t[s wg ;DklQ / To;l;t ;+nUg ;d:t ;d:of / To;sf lgjf/0f / k}t[s wgsf] efuj08fsf] tl/sfnfO{ O:nfdn] lj:tf/n] j0f{g u/]sf] 5, / o;sf] tTjblz{tftkm{ cNnfxn] o;/L ;+s]t u/]sf] 5M

ﭽ ﯵ ﯶ ﯷ ﯸ ﯹ ﯺﯻ ﭼ النساء: ١١

cy{ M ltdLnfO{ kmfObfsf] b[li6sf]0fn] s'g rfxLF w]/} glhs 5 ltdLnfO{ yfxf 5}g . -;"/t'g\ lg;f !! \_

t cNnfxn] cfkm\gf] 1fgn]ubf{ dfnsf] efuj08f o;/L lgwf{l/t u/]sf] 5 h'g ;d:tsf] nflu nfebfos xf];\, / h'g dfG5]sf] x[bodf To;sf] dfnk|lt OR5f nfn;f x'G5 ls To;sf] dfn To;nfO{ ldnf];\ To;nfO{ klg Wofgdf /fv]/ / o; s'/fnfO{ Wofgdf /fv]/ ls s'g JolSt sltsf] xsbf/ 5 ;d:tnfO{ o;/L lgwf{l/t u¥of] h; efuj08fnfO{ ;d:t z'4 dgLifLx¿ /fd|f] eG5g\ .

/ olb o;sf] efuj08f dfG5]x¿sf] OR5fdf lge{/ ul/GYof] eg] t o; ;d:ofdf ljsf/ / cz'l4 pTkGg eOxfNYof] / kIfkft u/]/ o;df o:tf] dflg;x¿nfO{ dfn k|bfg ul/GYof] ls ;d:t s'/f c:tJo:t / cJojl:yt eOxfNYof] .

⇒ / cNnfxn] eStnfO{ o; s'/fdf of] :jtGqtf k|bfg u¥of] ls Tof] ;Tdfu{df cfkm\gf] dfnsf] s]xL c+znfO{ bfg lbg] p2]Zon] j;Lot -OR5fkq\_ u/f];\, t/ ;fy} of] s'/f] klg lgwf{l/t u¥of] ls k"0f{ dfnsf] Ps ltxfOeGbf clwssf] j;Lot ug{ ;Sb}g, / of] klg :ki6 kfl/lbof] ls of] j;Lot To; JolQmsf] nflu gu/f];\ h'g To;sf] jfl/; klg xf];\, tfls h;nfO{ cNnfxn] ;d:t dflg;x¿sf] nflu hLljsf / z'4tfsf] sf/0f / dfWod agfPsf] 5 To;}nfO{ a'l4xLg / cwdL{x¿ cfkm\gf] d[To'sf] ;do v]njf8sf] dfWod gagfpg\ . / /x\of] s'/f] pgLx¿sf] :j:ytf / z'4tfsf] cj:yfsf] t To; ;do pgLx¿n] lgw{gtfsf] eosf] sf/0f dfn vr{ ub}{gg\ h'gls pgLx¿sf] nflu xflgsf/s g} x'G5 .

**Uofx|f}+ pbfx/0fM**

bf]ifx¿sf] y/Lx¿ adf]lhd o; wd{n] NofPsf b08x¿ / To;sf ;d:t y/Lx¿ .

⇒ / of] o; sf/0f lsgls bf]if ug'{ / eSt Pj+ cNnfxsf] xs clwsf/dfly cltqmd0f ug'{ o:tf] 7"nf] cTofrf/ xf] h;åf/f lgod pNn+3g ul/g'sf] ;fy} ;+;fl/s / wfld{s lgodx¿sf] klg pNn+3g ul/G5, o;} sf/0f oL bf]if / cltqmd0f / ;Ldf pNn+3gx¿sf] nflu cNnfxn] o:tf b08x¿ tf]s]sf] 5 h'g o;nfO{ ug]{x¿sf] nflu k"0f{ ;r]ts x'g'sf] ;fy} o;sf] 3l6t x'g]qmdnfO{ /f]sf];\, / tL lgwf{l/t b08x¿dWo] jw ug'{, xft sf6\g', sf]/{f nufpg', / o; afx]s gfgfy/Lsf ;r]ts b08x¿ 5g\ .

/ oL ;d:tdf ;fdfGo / ljlzi6 nfe / lxtx¿ gLlxt 5g\ h;nfO{ a'l4dfg dfG5] o; wd{sf] ljz]iftfsf] ¿kdf x]5{ . / a'/fO{nfO{ wfld{s ljwfg afx]s s'g} c? tl/sfn] k"0f{tof gi6 / ;dfKt ug{ ;lsb}g, h;nfO{ -ljwfgnfO{\_ cNnfxn] a'/fO{sf] sdL clwstf, 7"nf] ;fgf] x'g] cj:yfsf] cfwf/df lgwf{l/t u/]sf] 5 .

**Affx|f}+ pbfx/0fM**

O:nfdLo ljwfgn] dfG5]nfO{ cfkm\gf] dfnnfO{ sfo{Gjogdf Nofpg'af6 k|ltalGwt u/]sf] 5 ha To;sf] o; sfo{åf/f :jod\ To;nfO{ jf c?nfO{ xflg k'Ug] ;Defjgf xf];\ .

/ o;sf] pbfx/0f xf] kfun, a'l4xLg, / ;fgf] afnsnfO{ k|ltalGwt ug'{, / o:t} >[0fLnfO{ k|ltalGwt ug'{ tfls h; h;af6 To;n] >[0f lnPsf] 5 ltgLx¿nfO{ xflg gk'uf];\ .

⇒ / of] ;d:t O:nfd wd{sf] ;'Gb/tf / ljz]iftfdWo]sf] xf], lsgls dfG5]nfO{ To;sf] To; dfnnfO{ vr{ ug'{af6 /f]s nufOlbof] h;sf] Tof] jf:tjdf xsbf/ lyof], t ha To;sf] o; sfo{df gfkmfeGbf xflgsf] ;Defjgf eof] t To;sf] xflgsf/stf lxteGbf clws eof] o;y{ To;df To;nfO{ s'g} k|sf/sf] pkof]u / ultljlwaf6 /f]s nufOlnof] ;a}nfO{ o; s'/fsf] 1fg u/fpg] p2]Zon] ls ltgLx¿ o:tf nfebfos sfo{ u?g\ h;df xflgsf] ;Defjgf gxf];\ .

**t]x|f}+ pbfx/0fM**

o:t} o; wd{n] xs clwsf/sf] hdfgt lbg] k|lta4tf, k|lt1f, c7f]6 === cflbnfO{ hfoh u¥of] h;åf/f xs clwsf/ wg ;DklQsf] hdfgt lbOG5 .

⇒ h;/L ujfxL lbg' h'g xsnfO{ k"0f{ ug'{df ;xfos x'G5, / To;af6 OGsf/ ug]{ s'/fnfO{ /f]Sb5, / z+sf ;Gb]xnfO{ ;dfKt u5{ . h;/L w/f}6L, /]xg, hdfgt cflb h;åf/f xsnfO{ k"0f{ ul/G5 olb >[0fL >[0f r'Stf ug{ ;Sb}g .

t o;df h'g nfe gLlxt 5 Tof] s;}l;t n's]sf] 5}g . o;}åf/f xssf] /Iff ul/G5, / cfk;L n]gb]gnfO{ Jojl:yt ul/G5, / xsbf/sf] xs Gofok"j{s To;nfO{ kmsf{OG5 . / o;}åf/f ;d:t Jofkfl/s ;d:ofx¿sf] ;dfwfg ul/G5 .

/ olb o; w/f}6L / hdfgtsf] rng gePsf] eP w]/} Jojxfl/s / Jofkfl/s n]gb]g ;DkGg x'Fb}Gy], o;y{ of] xsjfnfx¿sf] nflu / h;n] pwf/L lnPsf] 5 b'j}sf] nflu clt nfebfos 5 .

**rf}b\xf}+ pbfx/0fM**

o; wd{n] pksf/ ug'{tkm{ pT;flxt u/]sf] 5 h;åf/f pksf/ ug]{jfnf cNnfxsxfF /fd|f] k|ltkmnsf] xsbf/ x'g'sf] ;fy} dflg;x¿af6 klg /fd|f] k|ltkmn kfpF5, km]l/ To;sf] dfn h:tf]sf] To:t} p;lt/ kms]{/ cfpF5 . o;y{ o; k|sf/sf] sfo{ ;jf]{Ts[i6 sfo{ xf] h;df dfG5]sf] s'g} k|sf/sf] xflg x'Fb}g, h;/L >[0f lbg' pwf/L lbg' .

t o;df cg]sf}+ lxtx¿ x'g'sf] ;fy} dflg;x¿sf] cfjZostf k"0f{ ug'{, / pgLx¿af6 ljkbf x6fpg', / o:tf] k'0o / ;'sfo{sf] k|flKt 5 h;sf] cfFsng / sNkgf klg ug{ ;lsb}g .

/ o;sf] ;fy of] s'/f] klg 5 ls dfG5]sf] dfn To;nfO{ lkmtf{ ldlnxfN5, / dfnsf] ;fy} Tof] cNnfxaf6 k|ltkmnsf] klg xsbf/ algxfN5 . / o; sfo{åf/f Tof] cfkm\gf] efOdfly pksf/ klg ul/xfN5 h;sf] sf/0fn] b'j}aLr k|]defj / ldqtf / ;DaGwsf] /fd|f] lj:tf/ x'G5 .

/ /x\of] o:tf] pksf/sf] s'/f] h;nfO{ u/] kZrft To;nfO{ lkmtf{ lnOGg t o;tkm{ wd{bfo / bfgsf] ljifodf ;+s]t ul/Psf] 5 .

**kGb|xf}+ pbfx/0fM**

tL lgod sfg"g / ljlwx¿ h;nfO{ cNnfxn] emu8f, ljjfb cflb ;d:ofx¿sf] ;dfwfg ug'{sf] nflu cfwf/ agfPsf] 5 h'g b'j} kIf -jflb, k|ltjfbL\_ aLr ;TotfnfO{ rog ug'{df ;xfos x'G5 .

t oL ljlwx¿ Gofo lg;fkmdf cfwfl/t 5g\ h'g k|s[lt / /Llt cg's"n klg 5g\ . o;y{ h;n] s'g} bfjL u5{ To;dfly of] ljlw clgjfo{ u5{ ls Tof] cfkm\gf] bfjLnfO{ ;To k|dfl0ft ug'{sf] nflu s'g} k|df0f k|:t't u/f];\ . t ha Tof] s'g} o:tf] k|df0f k]z ug'{df ;kmn eOxfN5 h'g To;sf] bfjLnfO{ an k'¥ofcf];\ jf To;nfO{ l;4 u/f];\, t h'g s'/fsf] To;n] bfjL u/]sf] x'G5 Tof] To;nfO{ k|fKt eOxfN5 . / hlxn] klg Tof] dfq bfjL u5{ / To;l;t s'g} k|df0f x'Fb}g t ljkIfL dfG5]dfly zky vfg' clgjfo{ ul/G5 ls Tof] zky vfP/ of] egf];\ ls To;sf] -bfjLstf{sf]\_ bfjL lg/fwf/ 5, clg bfjL ug]{ dfG5]nfO{ s]xL k|fKt x'Fb}g .

⇒ / cNnfxn] ;d:ofx¿sf] bhf{sf] cfwf/df k|df0f Nofpg] lgb]{zg u/]sf] 5, / cj:yf Pj+ ;fdflhs dfGo /Llt cg'i7fgx¿ / rngx¿nfO{ klg k|df0f dfg]sf] 5 olb oL s'/fx¿ ;d:ofsf] k'li6 u?g\ .

t k|df0fsf] cy{ xf]M tL ;d:t s'/fx¿ h'g ;TonfO{ :ki6 / 5n{+ª Pj+ k|dfl0ft u?g\ . / o:tf] cj:yfdf ha b'j} kIfsf] xs Psgf; b]lvof];\ / s'g} k|df0f o:tf]vfnsf] gxf];\ h'g s;}nfO{ clws xsbf/ l;4 u/f];\ t o:tf] cj:yfdf Gofof]lrt tl/sfn] ;'nxtkm{ dfu{blz{t u/]sf] 5, / k|To]s ;d:ofdf ;'nxsf] tl/sf ;d:ofsf] cj:yf cg's"n x'G5 .

o;y{ ;'nx ug]{ qmddf tL ;d:t s'/fx¿tkm{ k|f]T;flxt u/]sf] 5 h;åf/f b'j} kIfsf] lrQ klg a'emf];\, / s;}dfly cGofo klg gxf];\, / To;åf/f s;}nfO{ xflg klg gk'uf];\, / b'j} kIfaLrsf] emu8f / ljjfbsf] klg lgjf/0f eOxfnf];\ .

/ b'O{ kIfaLr lg;fkm ug'{sf] ;jf]{Ts[i6 tl/sf Gofosf] tl/sf xf], h;åf/f b'j} kIf /fhL klg eOxfN5g\ / ;d:ofsf] ;dfwfg x'g'sf] ;fy} s'g} ;+lbUbtf klg afFsL /xb}g .

**;f]n\xf}+ pbfx/0fM**

O:nfdn] cfk;df k/fdz{ ug'{sf] klg cfb]z lbPsf] 5, / cf:yfjfgx¿sf] k|z+;f u/]sf] 5 o; s'/fdf ls pgLx¿ ;d:t ;f+;fl/s / wfld{s s'/fx¿ cfk;L k/fdz{ / ;/;Nnfxaf6 kfl/t u5{g\ .

⇒ / o; ljzfn cfwf/dfly dxfg a'l4hLljx¿n] O:nfdsf] k|z+;f u/]sf] 5g\, / of] pbuf/ klg k|s6 u/]sf 5g\ ls Jojxfl/s s'/f / cj:yfx¿nfO{ ;xL tl/sfn] sfo{Gjogdf Nofpg'sf] nflu of] Psnf] dfWod xf], / of] g} Tof] dfWod xf] h;åf/f nIo / ;TotfnfO{ k|fKt ug{;lsG5, / o;}åf/f GofonfO{ sfo{Gjogdf Nofpg ;lsG5 .

/ h'g dfG5] hlt o;nfO{ sfo{Gjogdf NofpF5 To;sf] pGglt / k|ultsf] of] dfWod eOxfN5, / dfG5]x¿sf] o;af/] 1fg hlt clws x'G5 / pgLx¿sf] ljrf/sf] zlQm hlt g} lj:t[t x'G5 Tolt g} pgL o;sf] nfe / o;sf] cfjZostfnfO{ dx;"; u5{g\ . / ha o; cfwf/nfO{ cf/lDes sfnsf d';ndfgx¿n] cfkm\gf ;f+;fl/s / wfld{s ;d:ofx¿df sfo{Gjogdf NofPsf lyP t pgLx¿sf ;d:t s'/fx¿ z'4 cj:yfdf l7s7fs / Jojl:yt eOxfn]sf lyP, / pgLx¿sf] cj:yf /fd|f]eGbf /fd|f] x'Fb} uPsf] lyof] . t/ ha d';ndfgx¿ o;af6 k+l5g yfn] t wfld{s / ;+;fl/s b'j} If]qdf ljkmntfdf k/], / cfem+} ljkmntfsf] tNnf] :t/lt/ uO/x]sf 5g\, / olb k'gM pgLx¿ p;tkm{ kms]{/ cfpg\ eg] k'gM pRrtd\ ;kmntf xft kfg{ ;Sb5g\ .

**;t|xf}+ pbfx/0fM**

of] wd{ ;+;fl/s lxt / wfld{s lxtsf] ;'wf/sf] nflu klg k|oTgzLn 5, / zf/Ll/s Pj+ cflTds lxtnfO{ Pslqt u5{ . / s'/cfg Pj+ xbL;xdf o; cfwf/ cGtu{t w]/} s'/fx¿ jl0f{t 5g\, / cNnfx Pj+ cNnfxsf /;"n oL b'j} s'/fnfO{ sfo{Gjog ug'{df hf]/ lbPsf 5g\, lsgls b'j} s'/fx¿ Pscfsf{sf k"/s Pj+ ;xfos x'g\ .

/ cNnfxn] ;[li6nfO{ dfq cfkm\gf] elQm ug]{ / To;sf] clwsf/nfO{ k"0f{ ug]{ p2]Zon] ;[li6 u/]sf] 5, / pgLx¿sf] nflu hLljsf / To;sf ;fwgx¿ k|bfg u¥of] tfls pgLx¿ tL ;fwgx¿ dfkm{t hLljsf k|fKt u/L To;åf/f To;sf] elQm ug'{df ;xfotf k|fKt u?g\, / Tof] ltgLx¿sf aflx/L / cGtl/s cfjZostfx¿df klg ;xfos xf];\ .

o;} sf/0f cNnfxn] of] cfb]z u/]g ls pgLx¿ dfq cfkm\gf] cfTdfnfO{ ;Gt'i6 u/L z/L/nfO{ To:t} 5fl8lbpg\ . t/ o;sf] ;fy} xj; k"hf / ef]uljnf;af6 klg /f]s]sf] 5, / Tof] sfo{ ug]{ cfb]z u/]sf] 5 h;åf/f x[bo / cfTdfsf] ;fy z/L/nfO{ klg ;Gt'li6 k|fKt xf];\ . / o;sf] z]if ljj/0f lgDgsf] pbfx/0fdf :ki6 ul/G5 .

**c7\7fx|f}+ pbfx/0fM**

O:nfd wd{n] 1fg, wd{, ;Qf, / k|zf;gnfO{ Pscfsf{sf] ;xfos / k"/s agfPsf] 5 .

⇒ o;y{ 1fg / wd{ k|zf;gnfO{ k|jlGwt / Jojl:yt u5{ h;sf] cfwf/df ;Qfsf] gLj /flvG5, / k|zf;g k"0f{tof 1fg / wd{df lge{/ 5, h'gls tTjblz{tf / ;Tdfu{ xf], / of] g} lxt / ;kmntf xf] . t h;/L wd{ / ;Qf Ps ;fy Pscfsf{sf] ;xfos ePdf ;d:t s'/fx¿ z'4 /xG5g\, To:t} ;d:t s'/fx¿ klg Jojl:yt /xG5g\ . / hlxn] klg oL b'j} cnu eP Joj:yfkg / k|zf;gdf ljsf/ / cz'l4sf] pTkft x'g\yfNb5, / lxts/ s'/fx¿ / ;'wf/jfbL tYox¿ n'Kt eOxfN5g\, / ;dfhdf ljefhg x'GyfNb5, / x[box¿ ljeflht eO{ 6fl9G5g\, / dflg;x¿ c;kmntf / cg}ltstflt/ emg{yfNb5g\ .

/ o; s'/fnfO{ of] s'/f ;dy{g u5{ lsM lj1fg hlt lj:tf/ eP klg, / 1fg hlt gfgf k|sf/sf] eP klg, / cljisfo{ sfo{ hlt ljzfn / clws eP klg h'g s'/fx¿nfO{ O:nfdn] k|:t't / j0f{g u/]sf] 5 / To;df s'/cfgn] k|df0fLs/0f u/]sf] 5 To;sf] lj/f]w ub}{g gt To;sf] k|lts"n g} x'G5 . lsgls O:nfdLo ljwfg Tof] s'/f] k|:t't ub}{g h;nfO{ dgLif sa"n gu/f];\ / a'l4 :jLsf/ gu/f];\, a? O:nfd o:tf] s'/f k|:t't u5{ h;sf] z'4 dgLif k|z+;f u5{, / dgLif h'g s'/fsf] hfgsf/L ;+If]kdf jf lj:t[t tl/sfn] k|fKt ug'{df c;"Id x'G5 t To;sf] nflu cfsf]{ pbfx/0f lgDgdf j0f{g ul/G5 .

**pGgfO;f}+ pbfx/0fM**

O:nfdLo ljwfg o:tf s'/fx¿ k|:t't ub}{g h;nfO{ dgLif c;Dej 7fgf];\ jf h'g z'4 1fg lj?4 xf];\ .

t of] o; s'/fsf] ;jf]{Ts[i6 k|df0f xf] ls h'g cNnfxsf] kf;df 5 tTjblz{tfo'St k|dfl0ft 5, / k|To]s :yfg / o'usf] nflu pko'St 5 .

⇒ / oL ;+lIfKt s'/fx¿nfO{ ;+If]kdf / lj:t[t tl/sfn] ;+;fl/s / ;fdflhs 36gfx¿sf] dfkm{t / To;df ljrf/ Pj+ lrGtg dgg\ u/]/ yfxf kfOG5, / tL 36gfx¿ olb tL 36gfx¿ ;Todf cfwfl/t 5g\ eg] ljwfgn] j0f{g u/]sf] jf:tljstfsf] k|sfzdf To;sf] 5fgljg u/]/ To;sf] ;Totfaf/] yfxf kfOG5 . t o:tf] u/]/ o; s'/fsf] 1fg x'G5 ls h]hlt ljwfgn] k]z u/]sf] 5 Tof] tL ;d:t s'/fx¿sf] :ki6Ls/0f xf], / of] klg 1fg x'G5 ls o;n] ;fgf]ltgf] s'/fx¿sf] klg :ki6Ls/0f ug{ 5f8]sf] 5}g .

**la;f}+ pbfx/0fM**

o; wd{sf lj:t[t / b'ne{td\ O:nfdLo ljhodfly ;+lIfKt b[li6 xfNbf, / o;sf zq'x¿sf] o; lj?4 eLif8 ;+3if{ / o;nfO{ clk|o 7fGbf 7fGb} klg o;sf] cfh;Dd Pp6f ;Ddflgt wd{sf] ¿kdf afFsL /xg' o;sf] dxfgtfdfly csf6\o k|df0f xf] .

⇒ / of] o;/L ls h;n] klg o; wd{sf] cf/lDes sfnnfO{ x]5{ To;nfO{ elnefFlt yfxf eOxfN5 ls s;/L o; wd{n] k"0f{ c/a pkdxfåLk h'gls ljeflht lyof] / cl:y/ c;gt'lnt / zq'tfu|:t lyof] To;nfO{ Psh'6 ul/lbof], / To;sf s7f]/ dflg;x¿nfO{ gd| dflg;x¿;Fu ldnfof] / pgLx¿sf] zq'tfnfO{ ;dfKt u/]/ To;sf] 7fpFdf O:nfdLo efOrf/fnfO{ :yflkt u¥of] .

clg pgLx¿n] w/tLsf Ps Ps u/L Pskl5 cfsf]{ b]znfO{ k/flht ug{ yfn], h;dWo] kmf/; / /f]d klg x'g\ h'gls To; ;dosf ;'k/ kfj/ lyP, / d';ndfgx¿eGbf ;}Go zlQmdf kl/k"0f{ lgk'0f lyP, / ;}Go b[li6n] klg pgL clt w]/} ;]gfjfnf lyP, t} klg d';ndgx¿n] o; wd{sf] >]i7tfn] / cf:yfsf] ann] pgLx¿dfly ljho xftkf/], oxfF;Dd ls of] O:nfd o; ljZjsf] k"j{b]lv klZrd;Dd lj:t[t eof] .

t o;nfO{ cNnfxsf] k|tLs / /;"n ;NnNnfxf] cn}x] j;Nndsf] rdTsf/dWo] ulgg yflnof], o;y{ o; wd{df ;d"xsf ;d"x k"0f{ ;Gt'li6 / 1fgsf] cfwf/df k|j]z ug{ yfn] gls ha/h:tL h:tf]ls s]xL dflg;x¿ o;dfly cfIf]k nufpF5g\ .

⇒ t h'g JolQm klg o; s'/fdf ;+lIfKt b[li6 xfN5 To;nfO{ of] yfxf eOxfN5 ls of] g} Tof] ;Totf xf] h; lj?4 s'g} klg c;Totf sfod /xg ;Sb}g rfx] To;sf] zlQm clt ljzfn lsg gxf];\ / Tof] clt k|l;4 / lj:t[t lsg gxf];\ .

t of] s'/f] k|s[lts tf}/n] yfxf kfOG5, / o; s'/fdf s'g} klg Gofostf{ Ps s0f a/f]a/ klg ;Gb]x ug{ ;Sb}g . To; s'/f lj?4 h;nfO{ cfhsf s]xL n]vsx¿ n]Vb5g\ lhgnfO{ pgLx¿sf] ljsf/o'St afFuf] ;f]rljrf/n] O:nfd lj/f]wL lqmofsnfkdf nufOlbPsf] 5 .

t pgLx¿sf] of] ljrf/ 5 ls O:nfd wd{sf] lj:tf/ / To;n] xft kf/]sf] ljho / ;kmntfx¿ cfly{s tYox¿df cfwfl/t 5g\, / pgLx¿sf] afFuf] ljrf/df To; ;do d';ndfgx¿sf] cy{tGq tL b]zx¿sf] cy{tGqeGbf clws / 7f];\ lyof], cyf{t /f]d / kmf/;sf] cy{tGq c/ax¿eGbf sDhf]/ lyof] . of] pgL ljsf/o'St ljrf/ /fVg]x¿sf] b[li6df 5 t/ o; s'/fsf] sNkgf ug'{ klg o; s'/fnfO{ :ylut / gsfl/lbG5 .

t/ ljrf/ of]Uo s'/f] s] 5 eg] o:tf] s'g zlQm lyof] h;n] c/aLx¿nfO{ o; of]Uo agfof] h;n]ubf{ pgLx¿n] ;;fgf /fHonfO{ xf]Og a? o:tf 7"nf 7"nf ;fd|fHox¿nfO{ k/flht u/] h'g To; ;dosf ;'k/ kfj/ lyP, / To; ;do ltgLx¿sf] zlQmn]ubf{ sf]xL pgLx¿ ;fd'Gg] l6Sg ;Sb}gYof] . pgLx¿n] ltgLx¿nfO{ k/flht u/]/ ltgLx¿sf] cGofo cTofrf/o'St sfg"gx¿nfO{ :ylut u/L s'/cfg / O:nfdsf ljwfgx¿nfO{ nfu" u/] h;nfO{ ;a}n] sa"n u/], / tL dflg;x¿n] klg h'g ;TonfO{{ dgk/fpFy] .

t s] o; ljhonfO{ o:tf] JofVof ug{ ldN5 ls c/ax¿ dfq cy{tGqsf] sf/0fn] o:tf ;'k/ kfj/ b]zx¿nfO{ k/flht u/]sf lyP <

xf]Og sbflrt o:tf] eGg ldNb}g, / o:tf] t dfq ToxL eGg;S5 h'g O:nfd wd{dfly l6Kk0fL ug{ rfxG5, jf o:tf dflg;x¿ g} o:tf] s'/f ug{ ;Sb5g\ h'g dfq O:nfd lj/f]wLx¿sf s'/fx¿ ;'g]sf 5g\ pgLnfO{ jf:tljstfaf/] s]xL 1fg g} 5}g .

⇒ km]l/ o; wd{sf] clxn];Dd o;sf zq'x¿sf] o; lj?4 gfgfy/Lsf if8oGq / k|of;sf] afjh"b afFsL /xg', / k"0f{ ljZjdf tLj|tfn] lj:t[t x'g', o; s'/fdf k|df0f xf] ls of] wd{ cNnfxsf] k|tLsx¿dWo] Ps xf] . / of] g} cNnfxsf] jf:tljs ;To wd{ xf] . t olb o; wd{nfO{ k|ofKt ;xfotf k|fKt eOxfnf];\ h'g o;af6 o;sf zq'x¿sf if8oGqx¿nfO{ x6fOb]cf];\ eg] o; w/tLdfly o; afx]s s'g} cfsf]{ wd{ afFsL /xg] 5}g, / o; wd{nfO{ ;d:t dflg;x¿ lagf s'g} afWotf cfkm\gf] /fhL v'zLn] :jLsf/ ul/xfNg] 5g\, lsgls of] g} Tof] ;To / k|s[lts, lxts/ / ;dfh;'wf/s wd{ xf] h;sf] pgLnfO{ vf]h 5 . t/ d';ndfgx¿sf] sDhf]/Lsf] sf/0f / pgLx¿sf] ljefhg / pgLx¿sf zq'x¿sf] if8oGqx¿sf] sf/0f o;sf] lj:tf/ x'g] ultdf afWo ag]sf] 5 . t cNnfxsf] zlQm afx]s c? s'g} zlQmaf6 o;af/] ;xfotfsf] cfzf 5}g .

**PsfO;f}+ pbfx/0fM**

**;d:t pbfx/0fx¿nfO{ ;dfj]lzt**

O:nfd wd{ cfwfl/t 5 ;To / lxts/ l;4fGtx¿dfly, / o:tf lzi6frf/ / g}ltstfx¿dfly h'g dgLif / cfTdfnfO{ ;'wfb{5g\, / o:tf s'/fx¿dfly h'g cj:yfnfO{ ;'wfb{5g\, / of] cfkm\gf ;d:t cfwf/x¿df k|df0f k|tLs / lgzfgLx¿dfly cfwfl/t / lge{/ 5 . / of] wd{ cfwfl/t 5 d"lt{k"hfnfO{ TofUg'dfly, / dfq cNnfxl;t ;+nUg / To;df ljnLg x'g'dfly, / To; afx]ssf ;d:t ldYof k"Ho / c? ;[li6x¿l;t ;+nUg x'g] s'/fnfO{ gsfg'{dfly, / tL ;d:t kfv08 / cf8Da/x¿nfO{ TofUg'dfly h'g dgLif / k|s[lt lj?4 5g\, / a'l4nfO{ x}/fg kfg]{jfnf 5g\ . / of] cfwfl/t 5 ;d:t lxts/ s'/fx¿dfly, / ;d:t si6s/ / ljb|f]xL s'/fnfO{ x6fpg'dfly, / of] cfwfl/t 5 Gofodfly, / of] cfwfl/t 5 tL ;d:t s'/fx¿tkm{ k|f]T;fxg ug'{dfly h'g ;/fxgLo 5g\ / clt pRrtd / k|ultzLn 5g\ cfkm\gf ;d:t y/Lx¿åf/f .

⇒ / oL jfSox¿nfO{ JofVof ug'{ c;Dej 5, / h;l;t klg clnslt a'l4 5 Tof] o; s'/fsf] clek|fo lagf s'g} z+sf ;Gb]x k"0f{tof a'lemxfN5 .

t o;} ;+lIfKt s'/fdf d cfkm\gf] s'/fnfO{ 6'+UofpF5' lsgls oltåf/f O:nfdsf tL ljz]iftfx¿nfO{ klg a'em\g ;lsG5 h'g h'g o; wd{sf] dxfgtf / ljzfntf / ;d:t s'/fx¿df o;sf] lxts/ x'g] s'/fnfO{ k|df0fLs/0f u5{ .

cGTodf d]/f] cNnfxl;t of] ljGtL 5 ls cNnfx xfdL ;a}nfO{ o; ax'd"No lstfaåf/f ;Todfu{nfO{ ckgfpg'sf] ;'cj;/ k|bfg u/f];\, / xfd|f ljutsf kfkx¿nfO{ Ifdfbfg lbO{ :ju{df k|j]z ug]{ efUojfgx¿dWo]sf] agfOb]cf];\ -cfdLg\_ .

**;dfKt**

**cg'jfbs**

**ctLs'/{xdfg d'xDdb Ob/L; vfg dSsL**

**slknj:t' gu/kflnsf jf8{ g+= ( dx'jf**

**tf}lnxjf slknj:t' -g]kfn\_**

email- atiqkhannp1982@yahoo.com

**;Dks{ g+= ))(&&(\*!($#&&%\***

**;pbL df]= g= ))(^^%)!#&@@%$**

